

Sivananda Kutir

The beautiful ashram, Sivananda Kutir, is located on the banks of the sacred river Ganga. The high altitude and majestic snow-clad peaks provide an elevating atmosphere ideal for the practice of Yoga and for retreats away from all worldly cares.



Swami Sivananda
(1887 - 1963)



Swami Vishnu-devananda
Founder
(1927 - 1993)



YOGA VACATIONS

Sivananda Kutir offers Yoga Vacations from May to October. Bookings are necessary as accommodation is limited.

Trek – Valley of flowers

August 1 – 7, 2004
July 23 - 30, 2005

Yoga Teachers' Training Course

September 12 - October 10, 2004
April 17 - May 15, 2005
September 11 - October 9, 2005

Chardham Yatra (Himalayan Pilgrimage)

October 13 - 24, 2004
October 10 - 22, 2005

Sadhana Intensive

(open to TTC Graduates only)
October 25 - November 7, 2004
October 23 - November 7, 2005
places limited to 30 students

Advanced Teachers' Training Course

May 22 – June 19, 2005

Trek – Vishnu-Peak (Om Namō Narayanya Bank)

May 17 – 19, 2005



SIVANANDA KUTIR

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